

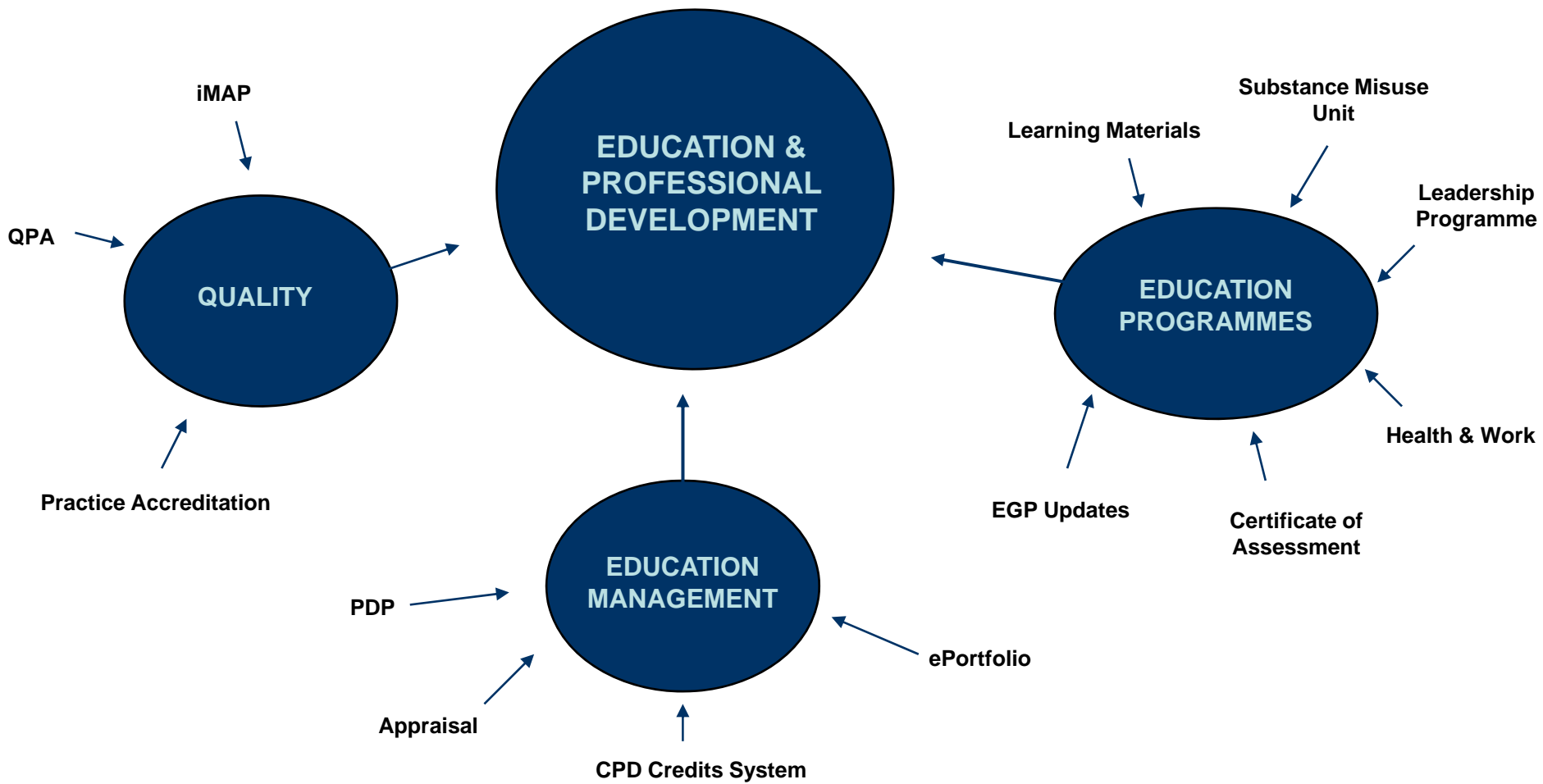
The Essential General Practice (EGP) Update programme – where we are now



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REVALIDATION

RCGP CPD scheme

- Available to all GPs
- Part of membership package
- Available at a reasonable cost to non members
- Implementation through appraisal, PDP, reflective practice and supported by CPD tutors
- Outcome focussed through learning cycle

Key Scheme Components

- Appraisal
- Personal Development Plan (PDP)
- Portfolio of Evidence
- CPD Credit System
- Essential General Practice (EGP) Updates
- Provider Accreditation
- Educational Programmes – SMU ++
- Tutor Support

Essential GP Update

- Synopsis of substantiated new and changing knowledge and information
- Clinical scenarios / self assessments
- Voluntary bi-annual assessments organised by College assessors
- Can be self accredited and run at doctor's own pace
- Learning / updating and applying

RCGP Credits

- GPs should demonstrate:
 - A minimum of 50 credits from a learning based credit system per year
 - A broad range of general practice being covered in 250 credits over a 5 year cycle
- The Academy of Royal Colleges' consensus view is that this cycle should be used to support a positive revalidation decision

What is a credit?

- A credit is a unit of professional development which is a product of the impact of a developmental activity and to a lesser extent the challenge involved in its completion
- Credits are self assessed and verified at appraisal

Other RCGP CPD resources

- E-learning modules (e.g. substance misuse)
- GPwSI frameworks
- e-GP – Learning for Health
- RCGP involvement in Map of Medicine project
- *InnovAit*

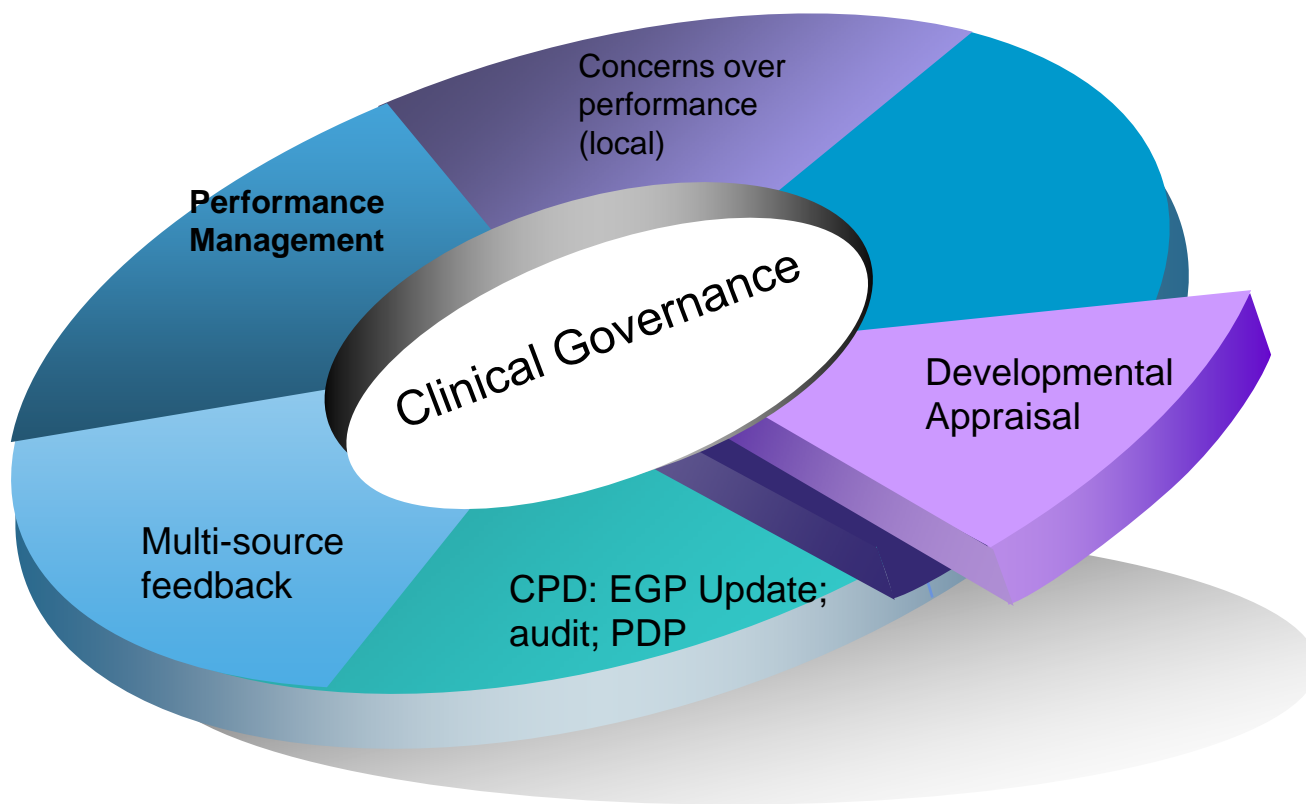
Other RCGP CPD resources

- Knowledge and information - Enquiry service, *Journal Watch*, *Seven Days*
- BJGP
- nPEP
- Books
- Clinical Innovation and Research Centre (CIRC)
- CIRC clinical champions
- RCGP Masterclasses

Let's focus on EGP Update programme

- 20 EGP Update items in first pilot – mainly focused on NICE, SIGN guidance
- Maybe GP realises 10-20 CPD credits per year: reading, reflecting, applying learning, reviewing performance as impact & challenge
- www.rcgp.org.uk/Practising_as_a_GP/distance_learning/egp_update.aspx

EGP Update programme in CPD context: relevant to clinical governance



EGP Updates relevant to: GMC domains

1. Knowledge, skills and performance
2. Safety and quality
3. Communication, partnership and team work
4. Maintaining trust

Take a look at EGP Update 1



Jacqui Smith information scientist

EGP Update: Atopic eczema in children (NICE, 2007)

Tom is a 7 year old boy who's had atopic eczema since the age of 4 years. He sees you in surgery with his mother because his eczema is worse. His eczema is normally worst in the elbow creases, and you see that the right side is much worse than the left. Both sides are red with cracked skin and excoriations. The eczema around his right elbow also has pustules and is wet.

What do you do now? Answer *Yes* or *No* and state why:

1. Treat the right arm with topical antibiotics?
2. Treat the right arm with a moderate strength topical steroid?
3. Treat the left arm with topical steroid?
4. Encourage use of same emollient after infection has cleared up?
If the infection does not resolve, refer to a dermatologist?

EGP Update: Feverish illness in children: assessment and initial management in children younger than 5 years (NICE, 2007)

Molly is a 2 year old girl brought to your emergency morning surgery by her mother. Her mother reports that she has had a temperature for the last two days. For the last 12 hours she has been off her food and refuses to drink. She has not passed urine for the last eight hours. You examine her to find that her respiratory rate is 45 breaths/min and she has dry mucous membranes.

What do you do now? Answer *Yes* or *No* and state why:

1. Measure her temperature again with a forehead strip?
2. Measure her pulse and capillary refill time?
3. Prescribe oral antibiotics?
4. Send Molly home with 'safety net' in place?
5. Advise giving Molly a small dose of soluble aspirin to bring her temperature down and improve her capillary refill time?

EGP Update: Management of cervical cancer (SIGN, 2008)

Mrs Foster is a 41 year old woman who sees you with intermenstrual bleeding for three months or so. She is not currently sexually active. She has no pelvic pain and no other symptoms suggestive of an early menopause. She last had a cervical smear two years ago.

What do you do now? Answer *Yes* or *No* and state why:

1. Take a sexual history?
2. Take a smear?
3. Test for chlamydia trachomatis?
4. Vaccinate against HPV?
5. Refer to a specialist?

EGP Update: Secondary Prevention Following a Myocardial Infarction (MI). NICE Clinical Guideline 48; 2007

Mr Smith, a 56 year old HGV driver, sees you in surgery. He was discharged from hospital last week. According to the brief discharge note, he suffered a myocardial infarction five days previously for which he has received thrombolysis. Discharge medication: aspirin, clopidogrel and atenolol. Since discharge, he has developed SOB, particularly at night, but no chest pain. Before going to hospital, he smoked 40 cigarettes per day. BP today is 160/95 and 165/95.

What do you do now? Answer 'yes' or 'no' and state why:

1. Stop clopidogrel on cost grounds?
2. Stop the beta-blocker?
3. Start an ACE inhibitor?
4. Start an aldosterone antagonist?
5. Check that a cardiology follow-up appointment has been arranged?
6. Advise him to return to work as soon as he feels well enough?

EGP Update: Atopic eczema in children (NICE, 2007)

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What do you do now? Answer *Yes* or *No* and state why:

1. Treat the right arm with topical antibiotics? **Yes**
2. Treat right arm with a moderate strength topical steroid? **Yes**
3. Treat the left arm with topical steroid? **Yes**
4. Encourage use of same emollient after infection's cleared? **Yes**
5. If the infection does not resolve, refer to a dermatologist? **Yes**

EGP Update: Feverish illness in children: assessment and initial management in children younger than 5 years (NICE, 2007)

Molly is a 2 year old girl brought to your emergency morning surgery by her mother. Her mother reports that she has had a temperature for the last two days. For the last 12 hours she has been off her food and refuses to drink. She has not passed urine for the last eight hours. You examine her to find that her respiratory rate is 45 breaths/min and she has dry mucous membranes.

What do you do now? Answer *Yes* or *No* and state why:

1. Measure her temperature again with a forehead strip? **No**
2. Measure her pulse and capillary refill time? **Yes**
3. Prescribe oral antibiotics? **No**
4. Send Molly home with 'safety net' in place? **Yes, maybe**
5. Advise giving Molly a small dose of soluble aspirin to bring her temperature down and improve her capillary refill time? **No**

EGP Update: Management of cervical cancer (SIGN, 2008)

Mrs Foster is a 41 year old woman who sees you with intermenstrual bleeding for three months or so. She is not currently sexually active. She has no pelvic pain and no other symptoms suggestive of an early menopause. She last had a cervical smear two years ago.

What do you do now? Answer *Yes* or *No* and state why:

1. Take a sexual history? **Yes**
2. Take a smear? **No**
3. Test for chlamydia trachomatis? **Yes**
4. Vaccinate against HPV? **No**
5. Refer to a specialist? **Yes**

Experience with EGP Update programme so far

Type of GP employment/partnership of GP participants in the pilot (n=634)

Partner	401
Salaried/sessional	125
Locum / freelance/portfolio	69
Retainer	14
GP in training	18
Retired	1
Occupational medicine only	1
Armed Forces	5

Typical comments from GP participants

- Long overdue, well done!
- Most modules too easy
- All very straightforward to use and 'pithy'
- Very informative and easy access for updating latest changes
- Very good quick learning resource
- Concise, up to date and quick to do.
- I enjoyed doing the update programme. Well constructed and laid out. Easy to use.
- Left looking for more. Useful summaries but not as interactive/informative as some other learning modules
- Wide range of topics
- A good way of updating quickly and efficiently without being swamped in detail

Typical comments from GP participants

- Different to expected. Format encourages learner directed learning.
- Finding the time to take learning further will be a challenge to undertake in so many areas.
- Overall very good. Brief and to the point. I like the practical tips for busy GPs
- Useful programme to check knowledge, for revision, to learn new facts
- Format a bit 'clunky'. Some topics not that relevant though interesting. Self assessment questions too brief and straightforward.
- Excellent – topical, enough info but not overwhelming. Really liked suggestions for application to own practice. Particularly useful for portfolio/GP locums where hard to find audit and other activity.
- Good way of helping me assess how much I've remembered of latest guidelines.
- Found it helpful to do self assessments and then look at the guidance.
- Useful summaries which I have put on a shared folder on the practice computer for whole team to share.

*Why make everything
so complicated?*

